



Inspiring Early Learning Conference

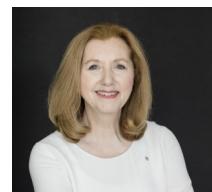
In Beautiful Peterborough ~ ‘Outside the Ordinary!’

Saturday, April 13th, 2019
Fleming College

“Slowing Down to Connect”

Keynote: with Mary Gordon

Founder of ‘Roots of Empathy’



Workshop Highlights:

Communication and Interaction with Young Children
Curious, Capable and Competent in a Diverse World
Engaging the Senses - Outdoor Exploration and Inquiry

Immersive Storytelling
Let’s Play! - Games for School Age
Paint Your Plate!

Perspective Taking and Autism Spectrum Disorder
Round and Round the Garden: Rhymes, Songs and Stories for Young Children
Self-Regulation and Young Children
Self-Reg Building Block 1
Studying Observation and Documentation - Growing a Culture
Temperament Tells Us All
The Seven Grandfather Teachings Tool Kit
Understanding and Supporting Children through Grief

Conference Agenda

Registration Opens **8:15**

Light morning refreshments

Keynote Address 9:00

Morning Workshops

10:30 - 12:30

Lunch 12:30 - 1:30

Afternoon Workshops

1:30 - 3:30

Lunch will be from 12:30 to 1:30
with time to enjoy your meal, shop
at the vendor village, or take a walk on
the college grounds.

Vendor Village:

8:15 - 9:00

10:00 - 10:30

12:30 - 1:30

We are reducing our ecological footprint.

- ◆ Please bring your own bag to carry your things. 
- ◆ H₂O: Bring your own water bottle to use with water stations. 
- ◆ Lug a Mug! 

Vendors

Avron

Wintergreen

Gerri's Arts & Craftd

Spectrum

Enjo

Lemon Lily Tea

Pampered Chef

31 Gifts



Keynote: Mary Gordon

“ Slowing Down to Connect ”

9:00 - 10:00

Morning Workshops 10:30— 12:30

A1. Temperament Tells Us All

Facilitator: Mary Gordon

This interactive workshop will give educators an opportunity to understand the impact of the 9 temperament traits on how children participate, how they succeed and why they fail. Being attuned to a child's temperament allows parents and educators to connect in ways that set the child up for success. Participants will have an opportunity to think of their own temperament traits and how they are a match or a mismatch in some key relationships including parenting and teaching.

A2. Studying Observation and Documentation - Growing a Culture

Facilitator: Norma Curtis RECE

Have you ever considered what the culture of your classroom is? Creating a culture and living that culture requires us to observe often and notice what we are valuing. When we notice and bring visibility to our values, we shed light on the kind of culture we want to grow in our programs. This workshop will offer educators time to study, unpack and reflect on documentation for its cultural value. Small group format will offer the opportunity to hear multiple perspectives for shared values and for each participant to begin the process of considering, proclaiming and documenting their classroom culture.

A3. Self-Regulation and Young Children

Facilitator: Dr. Brenda Smith-Chant

This interactive workshop will offer information on self-regulation and co-regulation. Using information from research, stories, and discussions in small groups, participants will gain a deeper understanding of self-regulation for both children and adults. We will also look at the role of adults in using co-regulation to help children develop their ability to self-regulate and flourish.

A4. Round and Round the Garden: Rhymes, Songs and Stories for Young Children

Facilitator: Kate Jarrett

Take home a pocketful of interactive rhymes, songs and resources to help you and the young children in your care connect to the wonder and joy of nature, each other, and the world around them. Come prepared to learn, sing and rhyme together! Time for sharing of treasured material from participants will also be included.

A5. Let's Play! - Games for School Age

Facilitator: Amy Holmes OCT

Board games are a healthy way to get kids moving, thinking and interacting in a time when we are so digitally interconnected. In this workshop, we will explore some classic, as well as more active board games for JK/SK and primary school-age populations and also have an opportunity to create a few new games of our own. Let's power off our devices and play, create and bring some new games back to our learning environments.

A6. Understanding and Supporting Children through Grief

Facilitator: Sheila Bourgeois RECE, MSc.

Experiencing a significant loss in early childhood can be confusing and scary for young children. Early childhood educators play a key role in identifying and supporting children who are struggling following a loss. This workshop will discuss young children's understanding of death and the potential life long effects of ACEs (adverse childhood events). Different ways you may recognize grief in young children will be outlined as well as what research tells us these children need from the adults around them, including their educators. Finally, a community model of care will be presented to spark discussion about how communities can better meet the needs of grieving young children. The content of the workshop will equip attendees to support children who have experienced a variety of losses.

A7. Paint Your Plate!

Facilitators: Erica Diamond RD and Laura Abbasi RD



Learn colourful ways to make it easier for young children in your care to enjoy vegetables and fruit every day. Be inspired while learning about sample policies, seasonal menus, and fun hands-on activities to explore with children, as well as factsheets, posters, and tips to share key messages on Paint Your Plate with their families. This workshop will be led by Public Health Dietitians Peterborough Public Health, and Haliburton, Kawartha, Pine Ridge District Health Unit who were contributing authors on this provincial toolkit.

Afternoon Workshops 1:30—3:30

P1. Self-Reg Building Block 1

Facilitator: Shelley Elmhurst RECE and Christine Mumford RECE

This Workshop is an introduction to Self-Reg. Participants will leave with a basic understanding of how to apply the 5 Step Shanker Self-Reg method as well as have a chance to explore the 5 Domains of Stress and the functions of behaviour. The differences between self-regulation and self-control will be discussed and how this impacts you and your program. Participants will also be given an opportunity to cement their understanding of the method by participating in a hands-on activity that will lay the foundation for using a Self-Reg lens on learning.

P2. Communication and Interaction with Young Children

Facilitator: Samantha Dame S-LP

Children start to develop communication skills at a very young age. These skills grow and change over time and are impacted by the child's environment and social network. Learn how to positively influence the communication skills of the children in your care. Discuss developmental milestones and communication building blocks. Red flags will also be discussed, as well as how to communicate concerns to parents and caregivers.

P3. Engaging the Senses - Outdoor Exploration and Inquiry

Facilitator: Nancy Thomson

How far can owls really see? How does a fox move in silence? What are some of the things we can do outside with kids? The afternoon will be spent (partially) inside and (mostly) outside as we engage the senses through different activities using basic props and sharing ideas to broaden your tool box as an educator in the outdoors. We will spend time discussing and creating some key elements that go into the Outdoor Sensory Bin for your program. The workshop will take place in the forest (rain or shine) so please dress for the weather and prepare to have some fun.

P4. Curious, Capable and Competent in a Diverse World

Facilitators: Lisa Dixon and Hanah McFarlane

This participatory workshop is designed to help guide participants toward better understanding, as well as strategies, for diversity and inclusion in our workplaces and our personal lives. Participants will begin to understand their own privileges, including that of their role as an educator. We will reflect on several relevant terms to develop a better understanding of equity towards others and consider how we can bring this learning back to our everyday lives and workplaces.

P5. Perspective Taking and Autism Spectrum Disorder

Facilitator: Angela Turner RECE

The ability to take someone else's perspective is key to successful relationships. What happens when the ability to take perspective is hindered? This discussion will focus on the differing perspectives of children and youth living with Autism Spectrum Disorder (ASD). The impact of joint attention and theory of mind on belonging , well-being, engagement and expression will be investigated. Come prepared to challenge your own perspectives as well as discuss and brainstorm practical strategies.

P6. Immersive Storytelling

Facilitator: Hannah Bailey RECE

This workshop will explore the fundamentals of storytelling through hands-on experiences. Educators will discuss the importance storytelling has in their classrooms by investigating soundscapes, story stones, oral storytelling, puppets, felt boards and projection art. The participants will discuss modern vs. classic tales and create a set of story stones to take home with them based on their preference. Printed out copies of stories will be provided. We will focus on storytelling for the preschool age classroom.

P7. The Seven Grandfather Teachings Tool Kit

Facilitator: Michelle Taylor-Leonhardi RECE

In this workshop you will create and design your very own teaching tool to assist you and the children in your care to follow the Seven Grandfather Teachings. This is a hands on workshop and participation will be expected. You will walk out of this workshop with enough knowledge to carry out each teaching in a positive and respectful way.

Please note: *We respectfully ask that there be only 1 educator from each program so that as many programs as possible benefit from a kit.*



Presenter Biographies

Laura Abbasi

Laura is a registered dietitian who has worked in the ICU, paediatric oncology and outpatient eating disorders clinics. She worked at the Haliburton, Kawartha Pine Ridge Health Unit in chronic disease prevention and later realized she wished to learn more. Completing a Masters in Public Health, she returned in 2007 to the HKPPRHU and the Family Health Department. She works closely with families as well as supporting local organizations including the childcare community in Port Hope, Lindsay and Haliburton. Laura is also a busy mom of a 5 year old son and is learning firsthand the challenges and joys of feeding a school-ager.

Hannah Bailey

Hannah is an RECE and Montessori teacher, currently employed with The Children's Montessori and Preparatory School. She has a strong background in the arts as she attended George Brown Theatre School, and often performs in local productions in Peterborough. Hannah previously worked for the Art Gallery of Ontario in their Public Programming and Learning Department, where she rekindled her love for teaching art to children and ignited a flame for immersive storytelling. She believes the best part about working with children is having the opportunity to glimpse into the world as they see it, and what a beautiful thing that is. Hannah is thrilled to join the Conference and looks forward to creating and learning with fellow educators.

Sheila Bourgeois

Sheila holds a Masters of Science degree in Child Life and Pediatric Psychosocial Care from McMaster, is a Certified Child Life Specialist, and an RECE. She has an extensive background in family support through working with organizations such as the Mayo Clinic, the Hospital for Sick Children, and Peterborough Child and Family Centres. Sheila is currently employed at Hospice Peterborough as their Bereavement and Wellness Coordinator.

Norma Curtis

Norma has worked in Early Childhood for 35 years in many capacities from Resource Consultant, Child Care, Nursery School, Family Resource programs, Resource EC Program Consultant, Pedagogical Team Lead and currently as Program Lead at Compass ELC in Millbrook. Her branding style is: 'A Courageous Connector'. Norma enjoys coaching and mentoring educators and celebrating the work they do on behalf of children and families.

Samantha Dame

Samantha Dame is a registered speech-language pathologist with the College of Audiologists and Speech-Language Pathologists of Ontario and has a Bachelor of Science in Psychology. She has spent her career thus far working for Children's Treatment Centres in Ontario in Sault Ste. Marie and currently for Five Counties. She also taught the "Issues in Communication" course in the OTA/PTA program at Sault College. She has many passions, including empowering others with the skills to support children's communication skills, and considering each child both holistically and as a unique individual. Her experience has included children of all abilities in a variety of environments providing a well-rounded perspective.

Erica Diamond

Erica Diamond is a Registered Dietitian/Public Health Nutritionist with Peterborough Public Health. Erica enjoys working with parents and child care providers on a variety of nutrition topics including feeding young children, menu planning, food skill development/cooking, and family meals. Erica feels that bringing young children into the kitchen, and involving them in cooking from an early age is essential to get them excited about new flavours and foods while helping them to develop healthy eating habits that will last a lifetime!

Presenter Biographies

Lisa Dixon

Lisa is from Ottawa and has been living in Peterborough for 15 years. After university she studied Patisserie and Culinary at Cordon Bleu and Algonquin College. She is an advocate for Children's Food Literacy and has worked with school boards on food education, recipe building and creating modules for Building Strong Healthy Kids. Her main work is owner/operator of *Black Honey Desserts and Catering* but she also teaches at Fleming as a Culinary Arts professor. Her personal goal is to better understand and facilitate the demand and lack of resources for those who suffer from mental illness. What keeps her happy are her grown children, loving life partner and her annoying 2 dogs and 2 cats.

Shelley Elmhurst and Christine Mumford

* Shelley Elmhurst is an RECE with over 20 years of experience in the childcare sector. Shelley's current role is as a Resource Consultant at Five Counties Children's Centre in Northumberland County.

* Christine Mumford is an RECE with over 30 years of experience in the childcare sector. She is currently working as the Early Learning Community Quality Assurance Advisor, and Pedagogical Lead for Northumberland County.

Christine and Shelley attended the MERHIT Centre Self-Reg Symposium in July of 2018. This began their journey into Self-Reg and the framework. Since attending the Symposium they both have completed the ECD Self-Reg Course and are now expanding their knowledge of Self-Reg in the Foundations Certificate Program. Together they continue to build a successful Self-Reg community of practice with the educators across their community - thinking and reflecting together.

Mary Gordon

Mary Gordon is an award-winning educator, author, child advocate and parenting expert who created Roots of Empathy in 1996 to foster the development of empathy. Roots of Empathy offers programs in elementary schools across Canada and 12 other countries. Mary's first social innovation was Canada's first and largest school-based Parenting and Family Literacy Centres, which have become public policy in Ontario and have been used as a best-practice model internationally. Mary speaks extensively internationally. She is the recipient of several prestigious awards recognizing her contribution to innovation in education and international social entrepreneurship, including the Governor General's Innovation Award in 2018. She is a Member of the Order of Canada, the Order of Newfoundland, and is the recipient honorary doctorates.

Amy Holmes

Amy is a certified teacher with a BA in Dramatic Arts and a B.Ed. with Primary/Junior qualifications. She has travelled to Japan to teach and has tutored in a variety of classrooms and alternative settings. She is currently an Educator at the Peterborough Child and Family Centres. Over the past seven years, she has had the opportunity to lead infant to school readiness programming and manage the resources for the Centre and the Toy Lending Library. She also loves a playing good board game with friends!

Kate Jarrett

Kate is currently the acting Children's Services Librarian at the Peterborough Public Library. Her love of children's books, songs and rhymes knows no bounds and is rooted deep in her folk music and library background. She brought the Parent-Child Mother Goose program to Peterborough in 1998, coordinating and co-facilitating the program for over 20 years. She has acted as an early literacy and music resource for a wide range of the young and the young at heart at schools, festivals, workshops and conferences. Kate is delighted to be participating in this year's IEL Conference.

Presenter Biographies

Hanah McFarlane

Hanah lives on Treaty 20 Missisauga Anishinaabe territory, covered by the Williams Treaty. She is pursuing a Masters in Educational Studies at Trent, where she is researching land-based learning and Indigenous/Settler relations in the Ontario education system. She is the Communications Coordinator for Compass Early Learning & Care and sits on the Diversity and Inclusion Sub- Committee for the Peterborough Early Years Planning Network. By deepening her understanding of the ongoing impacts of colonialism, Hanah advocates for non-Indigenous people to respect and uphold treaties, and use their privilege to challenge oppression in their personal and professional lives.

Brenda Smith-Chant

Dr. Brenda Smith-Chant is an Associate Professor and Past Chair of the Psychology Department at Trent University. Her research interests are in the area of children's cognitive development and how early development is influenced by parents, educators, and social policy. She is also a presenter for the Mehrit Centre, based out of Trent University.

Michelle Taylor-Leonhardi

First and foremost, I am a proud mother of three and am Ojibwe from Curve Lake First Nation. I graduated from the Native Early Childhood Course in 1993 at Cambrian College in Sudbury, Ontario. I am also a proud board member of the Ontario Reggio Association. Since 1993, I was employed with Curve Lake Day Care. In 2011 I was successful in taking on the role of Coordinator. We changed the name from Curve Lake Day Care to Oshkiigmong Early Learning Centre and I was on this wonderful journey of Emergent Curriculum alongside the team and travelling to many First Nation Early Learning Centres to share our journey. I recently left the Centre and am now the Indigenous Community Educator for the Ottawa Region for the Ontario Indigenous Centre of Excellence.

Nancy Thompson

Nancy Thomson is the founder of THINK OUTSIDE, an Outdoor Education Company. She has been teaching in the out of doors for over 25 years and specializes in using local green space to help children learn about nature and their community. Nature Nancy can be seen throughout the Peterborough area taking children (big and small) to explore local forests, fields and school yards as they take time to connect with the earth and each other. For more information please go to her website www.thinkoutside.life.

Angela Turner

Angela has over 30 years experience as a Resource Consultant (RC) supporting children and families with a wide range of special needs including Autism Spectrum Disorder (ASD). She has provided education about ASD across Ontario with the Geneva Centre for Autism, Toronto. As an RC, Angela actively promotes inclusion, skill development, education regarding special needs, and supports transition into childcare and school settings. She also works within the Ontario Autism Program which is based on Applied Behaviour Analysis. She is passionate about ASD and was instrumental in establishing an ongoing ASD Resource Team. Angela assists with the completion of the gold standard assessment Autism Diagnostic Observation Schedule (ADOS-2).

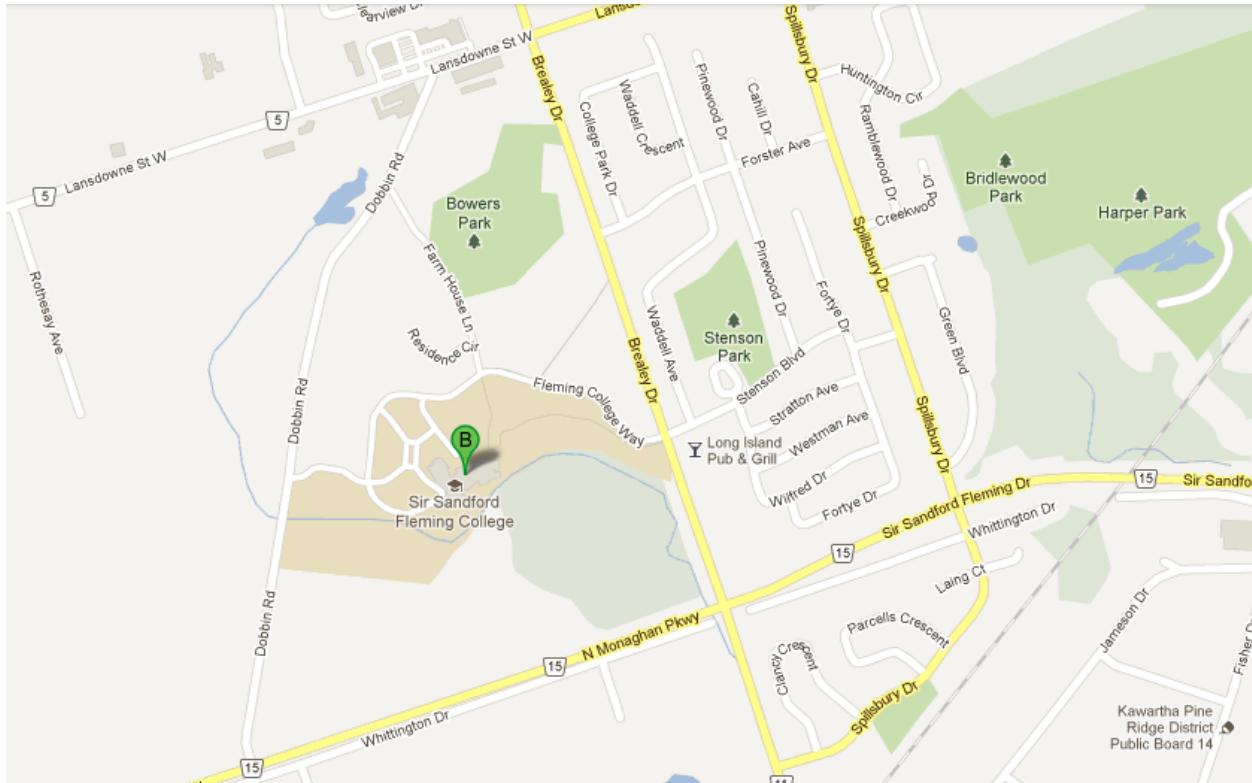


Fleming College

Sutherland Campus, 599 Brealey Drive

Peterborough, ON CANADA K9J 7B1

For directions from your location visit: www.flemingcollege.ca



Parking is free on weekends.

Fleming College

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Thank you to Fleming for their support.

**PLEASE READ THE FOLLOWING INFORMATION
CAREFULLY BEFORE COMPLETING YOUR REGISTRATION FORM:**

- **Deadline** for registration forms and payment is March 22, 2019.
- ***Registrations received without payment will not be processed.*** (Payment may be made by e-transfer, cheque or cash)
- Delegates will be registered in workshops on a 1st come, 1st serve basis and will be placed according to availability at the time of registration.
- Each registrant must complete a registration form. At this time, we cannot accommodate the sharing of packages.
- Confirmations will be sent by ***email*** once each delegate has been processed.
- ***If you have not been contacted by March 26,*** please get in touch with the organizer (korgill@fivecounties.on.ca).

Cancellations

- Cancellations will be accepted upon receipt of a written request postmarked no later than March 22, 2019 or an email no later than March 22, 2019.
- A processing fee of \$15.00 will be deducted from each registration qualifying for a refund.
 - No refunds will be issued after the March 22, 2019 deadline.
 - Non-attendance does not constitute cancellation.
- Registration may be switched to another person if the original registrant is unable to attend.

NEW this year: e-transfer payments

- ◊ The conference can **no longer take credit card payments**. For 2019 it will be e-transfers, cheque or cash (at the office).
- ◊ Log in to your financial institution's online or mobile banking and navigate to [Interac](#) - e-Transfer "Send Money directly from one bank account to another" heading.
- ◊ Select the account you would like funds transferred from.
- ◊ Add the email: ***invoice@fivecounties.on.ca***
- ◊ Type in the specified amount you are sending, along with a message identifying it for the IELC conference.
- ◊ Enter the security question (*Where is the conference?*) and answer (*Fleming*).
 - ◊ In a **separate** email to ***korgill@fivecounties.on.ca***, include the name(s) of all those covered by the payment.



REGISTRATION FORM

Name: _____

Primary Age group: Infant Toddler Preschool School Age All

Organization & site: _____

City: _____ Postal Code: _____

Day time Phone: _____

Dietary restrictions: _____

Email Address : _____

* *Registrations received without payment will not be processed until payment arrives*

* *Registration Confirmation and updates will arrive via EMAIL*

Registration Fees

* Working in early learning in Peterborough City / County	\$65.00	<input type="checkbox"/>
* Working outside Peterborough County	\$90.00	<input type="checkbox"/>
* ECE Students (fulltime students only)	\$45.00	<input type="checkbox"/>

Workshop Selection - Please indicate your **1st**, **2nd**, and **3rd** choices for each workshop session.

	No.	Morning Workshop	No.	Afternoon Workshop
1st Choice				
2nd Choice				
3rd Choice				

Payments

Payment by e-transfer: invoice@fivecounties.on.ca (*see information on previous page*)

Payment in cash: Five Counties Children's Centre - 872 Dutton Road (8:30 a.m. - 5:00 p.m.)

Cheques : made payable to 'Five Counties Children's Centre' (*Attention IIQ)

Please email, mail or fax completed registrations and payment to: Conference: Investing In Quality

872 Dutton Road. Peterborough, ON K9H 7G1

Email: korgill@fivecounties.on.ca

Fax : (705) 748 - 3526

Cancellations and Refunds: NO REFUNDS WILL BE ISSUED AFTER THE March 22 DEADLINE.